

**JOURNAL OF PHARMACEUTICAL ADVANCED RESEARCH** requesting you please follow up following guidelines to protect from COVID-19 .....

- ✚ Stay at Home.
- ✚ Wear mask completely covering the mouth and Nose.
- ✚ Maintain social distancing.
- ✚ Regularly sanitize your hand.
- ✚ Unnecessarily don't touch to your mouth and nose.
- ✚ Don't spit to public place.
- ✚ Regularly drink warm water.
- ✚ Support to COVID patient.
- ✚ Adopt Homeo and Ayur-therapy for enhancing the immunity.
- ✚ In case of mild symptoms like fever, sore throat, cough, nausea, muscle pain, diarrhoea and loss of smell and taste, **please contact to Doctor.**

**“LETS TAKE OATH WE WILL FOLLOW ABOVE GUIDELINES AND WE WILL MAKE INDIA CORONA FREE”**

## COVID-19 Prevention Guidelines

